



Bring form to worksite or mail to:  
SPSHfH Volunteer Coordinator  
210 Thurston Ave NE  
Olympia, WA 98501  
360-956-3456

## Assumption of Risk Agreement

Building construction is a dangerous occupation. Even many professionals are injured. Worker's Compensation rates for paid construction workers are among the highest. As a volunteer, you are not covered by Worker's Compensation Insurance. During your volunteer activities with any of South Puget Sound Habitat for Humanity's (SPSHfH) projects if, serious injury should occur requiring emergency medical assistance, you are required to report the incident to your health insurance provider first. **Acordia Insurance, Habitat for Humanity International's insurance program, will cover any excess medical expenses above and beyond your own coverage benefits. Acordia will serve as your primary coverage in the event that you do not have health/medical coverage of your own.**

### **Waiver of Liability**

(To be read and signed by all persons intending to do volunteer work for any of SPSHfH's projects including home construction and Sound Builders Restore.)

I acknowledge that I or my dependant(s) have voluntarily applied to participate with SPSHfH or any of its projects without pay as a volunteer.

I or my dependant(s) understand that construction is a hazardous activity. I am voluntarily participating in various activities related to the construction and demolition industry. These activities include but are not limited to the handling of power tools, climbing ladders, the construction of displays and merchandise, loading and unloading of materials, painting and other related activities, with the knowledge that medical facilities may not be available in the event of illness or injury to myself. This release is intended to be broad in its effect. I hereby agree to accept any and all risk of injury, illness or death and verify this statement by placing my signature below.

As consideration for being permitted to participate in these activities and have access to tools and facilitates, I hereby agree that I, any heirs, guardians and legal representatives will not make a claim against the property of SPSHfH for injury, illness or damage resulting from negligent, intentional or other acts. I hereby release SPSHfH from all actions, claims, or demands that I or my representatives now have or may hereafter have for injury, death or damage resulting from my participation in said activities.

I hereby grant and convey unto SPSHfH all right, title and interest in any and all photographic images and video or audio records made by SPSHfH during volunteer activities with SPSHfH, including, but not limited to, any royalties, proceeds, or other benefits derived from such photographs or recordings.

I or my dependant(s) have carefully read this assumption of risk and fully understand its contents. I am aware that this is a release of liability and a legal contract between SPSHfH and me and that affects my legal rights. I am signing this document of my own free will.

I understand that SPSHfH, beyond what may be offered freely by the representative of SPSHfH in the event of such injury or medical expense.

### **PERSON VOLUNTEERING:**

Print Name: \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

### **FOR MINORS:**

I am giving permission for my dependant to work on/at any SPSHfH worksite.

Print Name: \_\_\_\_\_

Signature of parent (if minor) \_\_\_\_\_ Date: \_\_\_\_\_

### **Contact information in case of emergency:**

Name: \_\_\_\_\_ Relationship: \_\_\_\_\_ Phone: \_\_\_\_\_



## **Volunteer Rules and Procedures**

### **Rules for Construction Worksite**

1. Only persons 16 years of age or older are permitted at the worksite during construction activities.
2. Only persons 18 years of age or older are permitted to use power tools, or work above ground level.
3. If you are uncomfortable with an assigned job, DO NOT DO IT. Let your supervisor know and you will be reassigned accordingly.
4. Hard hats must be worn when someone is working above you.
5. Safety goggles must be worn when nailing, cutting with saws, using power tools, or if in doubt wear them.
6. Wear sturdy footwear - no open-toed shoes permitted.
7. No smoking.
8. No horseplay.
9. No alcohol or illegal drugs.
10. Never enter a ditch or hole without approval from a construction supervisor.
11. If unable to attend shift, contact Volunteer Coordinator or cancel volunteer shift online.

### **Procedures for Construction Worksite**

1. Keep work area clean and safe.
2. If you see an unsafe act or condition, report it to a supervisor or correct it if safe to do so.
3. Pull or bend over all nails from boards, doorframes and scrap pieces of wood.
4. Return tools to Tool Trailer (or Tool Desk at ReStore); put nails and tools in proper containers.
5. Don't lift beyond your strength; get a partner to help. Remember to bend your knees and lift with your back straight.
6. Keep an eye on your load as you move and turn so as not to hit someone.
7. Walk; do not run, when carrying tools or materials.
8. Report any damaged tools or power cords to a supervisor for repair.
9. Tell the supervisor immediately in the event of an injury.
10. Be able to locate the First Aid kits, fire extinguishers, and map to the nearest hospital.
11. When using a non-self supporting ladder, use the 4-to-1 rule: For every 4 ft of height, move the bottom of the ladder 1 ft from the wall.
12. Think and concentrate on your work task.
13. Bring your own work gloves.
14. If you have tools you'd like to use, please write your name on them and keep track of them. Habitat is not responsible for the loss of your personal tools.

### **Rules/Procedures Specific to Sound Builders ReStore**

1. Only persons 14 years of age or older are permitted to volunteer in Sound Builders ReStore.
2. Follow directions of supervisor or manager.
3. Volunteers are never allowed to operate the forklift.
4. Never climb on top of unstable stacked items.
5. Only stack items if they are stable, and stack items so that they do not protrude into the aisles. Do not stack items if they have the possibility of falling over.
6. Keep aisles clear of debris.
7. Report all accidents to manager.
8. Never let a customer climb up on the shelves, pallet racks, or ladders.
9. Be able to locate the First Aid kits, fire extinguishers, and map to the nearest hospital.
10. If unable to attend shift, contact Volunteer Coordinator or cancel volunteer shift online.

### **Rules/Procedures Specific to the Office**

1. Keep your work area clean and orderly. Clean up and put equipment away when finished.
2. Make sure all fire exits and fire doors are kept clear.
3. Follow safe lifting practices.
4. Be able to locate the First Aid kits, fire extinguishers, and map to the nearest hospital.
5. If unable to attend shift, contact Volunteer Coordinator or cancel volunteer shift online.